

## JUNIOR CLUSTER (9-14 YRS.)

## JUVE CLUSTER (15-20 YRS.)

### SELF-MANAGEMENT BRACKET

VOL 1: ETIQUETTE

VOL 2: NUTRITION & FITNESS

VOL 3: FINANCIAL LITERACY

VOL 4: NEGOTIATION SKILLS

### COGNITIVE BRACKET

VOL 1: ANALYTICAL SKILLS

VOL 2: RETAINED ATTENTION

VOL 3: INFORMATION  
PROCESSING

VOL 4: TEAMWORK

### SAFETY BRACKET

VOL 1: FIRST AID,  
EMERGENCY  
PREPAREDNESS & RESPONSE

VOL 2: WATER SAFETY  
PROCEDURES

VOL 3: SELF-DEFENSE  
VOL 4: SURVIVAL SKILLS

### INTRAPERSONAL BRACKET

VOL 1: RESPONSIBILITY

VOL 2: COMMUNICATION SKILLS

VOL 3: EMOTIONAL INTELLIGENCE

VOL 4: STRESS MANAGEMENT

### CO-CURRICULAR BRACKET

VOL 1: TALENT MANAGEMENT

VOL 2: CAREER DEVELOPMENT

VOL 3: LEADERSHIP SKILLS

VOL 4: SOCIAL SERVICES

**NOTE:** We issue a **CERTIFICATE OF PARTICIPATION (COP)** to trainees once through with all **four (4) Volumes** of a particular bracket and a **Certificate of Achievement (COA)** after completing all **four (4) Brackets** of a particular cluster.