SELF-MANAGEMENT BRACKET

VOL 1: ETIQUETTE

VOL 2: NUTRITION & FITNESS

VOL 3: FINANCIAL LITERACY

VOL 4: NEGOTIATION SKILLS

JUNIOR CLUSTER (9-14 YRS.)

SAFETY BRACKET

VOL 1: FIRST AID,
EMERGENCY

PREPAREDNESS & RESPONSE

VOL 2: WATER SAFETY
PROCEDURES

VOL 3: SELF-DEFENSE

VOL 4: SURVIVAL SKILLS

JUVE CLUSTER (15-20 YRS.)

INTRAPERSONAL BRACKET

VOL 1: RESPONSIBILITY

VOL 2: COMMUNICATION SKILLS

VOL 3: EMOTIONAL INTELLIGENCE

VOL 4: STRESS MANAGEMENT

COGNITIVE BRACKET

VOL 1: ANALYTICAL SKILLS

VOL 2: RETAINED ATTENTION

VOL 3: INFORMATION

PROCESSING

VOL 4: TEAMWORK

CO-CURRICULAR BRACKET

VOL 2: CAREER DEVELOPMENT

VOL 1: TALENT MANAGEMENT

VOL 3: LEADERSHIP SKILLS

VOL 4: SOCIAL SERVICES

NOTE: We issue a CERTIFICATE OF PARTICIPATION (COP) to trainees once through with all four (4) Volumes of a particular bracket and a Certificate of Achievement (COA) after completing all four (4) Brackets of a particular cluster.